CANADA WATER STUDIOS TIMETABLE - WWW.CANADAWATERSTUDIOS.COM

Spring	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
0700			6.45-7.45am Private Yoga Ekaterina											
0715														
0730														
0745														
0800									8-9am Private Yoga Scott					
0815														
0830														
0845														
0900														
0915											9.00-9.45am 2.5-3.5 yr Ballet	9.15-10am Transition (Reception) Ballet		
0930														
0945											9.45-10.30am 2.5-3.5yr Ballet			
1000	9.15-12.15pm Baby Bear Club	10.00-12.00pm Private Ballet	9.30-11.30am Baby Bear Club		9.15-12.15pm Baby Bear Club			9.30-12.00pm	9.30-11.30pm Baby Bear Club			10-10.45am Primary	8.30-12.00pm Happy Mandarin	
1015														
1030											10.30-11.15am 3.5 - 4.5 yr Ballet			
1045														
1100	Contact Olya		Contact Olya		Contact Olya		0945-1315 Sing and Sign	Musical Mayhem	Contact Olya		11.15-12.00pm 3.5 - 4.5 yr Ballet	10.45-11.30am Standard 1		9.45am-2.00pm Musical Theatre
1115														
1130										1100-1300 Leap of Faith		11.30-12.15pm Standard 2		
1145				0930-1500 Baby Sensory		0915-1445 Baby Sensory		Contact Linzi	11.30-1.00pm Baby Yoga		12.00-1.00pm Standard 5		12.00-1.00pm Family Yoga Gabriella	
1200			11.45-1.15pm Baby Massage									12.15-1pm Standard 3		Contact Linzi
1215									Contact Olya					
1230			Contact Olya							Contact Gemma		1-1.45pm Standard 4		
1245		1200-1500 Private Rehearsal												
1300								1.00-2.00pm Pilates Elena						
1315													1.00-3pm Cuban Salsa Contact Daren	
1330														
1345		Mas									1.30-3.00pm Chinese Dance			
1400			2.00-3.00pm Pilates Elena									2-4.00pm Chinese Dance		
1415														
1430							2.30-3.30pm Private ballet Miriam							
1445														
1500											3-4.30pm Chinese Dance for Kids			
1515														
1530														
1545				3.45-4.30pm Transition (Recption) Ballet		3.45-4.30pm 3.5 - 4.5 yr Ballet								
1600								4- 4.45pm 4-5yr Streetdance						
1615		3.30-6.45pm		4.30-5.15pm Primary Ballet		4.30-5.15pm Transition (Recption) Ballet					4.30-6.00pm Restorative Yoga			
1630								4.45- 5.30pm 6-7yr Streetdance						
1645	4.15-6.45pm Kids Contemporary Dance			5.15-6pm Standard 2 Ballet		5.15-6.00pm Primary Ballet						4-8.00pm Chinese Dance for Adults		
1700		Musical Mayhem						5.30- 6.15pm 8-9yr Streetdance						
1715				6-6.45pm Standard 3 Ballet		6.00-6.45pm Standard 1								
1730														
1745	Contact Tworks	Contact Linzi			6.15-7.15pm Mat Pilates Beginners	6.45-7.30pm Standard 2	6-7pm Belly Dancing Contact Janan	6.15-7.45pm Adult Beginner Ballet	5.30-6.30pm Family Yoga Gabriella	5.30-7.00pm Musical Mayhem Contact Linzi	6-7.30pm Chinese Dance for Kids		5.45-7.00pm Gong Contact Sarah	
1800														
1815														
1830														
1845														
1900	6.45-8.00pm Pregnancy Yoga	Martial Arts 7.00-8.00pm Contact Emma		7.00-8.15pm Yoga Beginners	7.15-8.30pm Yoga Beginners	7.30-9pm Adult Musical Theatre Contact Anna Fiorentini	7.00-8.15pm Pregnancy Yoga	7.45-8.15pm 3dBurn BOD CON						7-8.15pm Vinyasa Flow
1915														
1930														
1945			7.30- 8.30pm Yoga for Weight Loss						7.30-9.00pm Dance Academy Contact Lexi					
2000	8 - 9pm FUSION Yoga+Pilates	8-9pm 3d Burn Fitness Course contact Grace		8.15-8.45pm 3dBurn Course	8.30-9.30pm Mat Pilates Beginners		8.15-9.30pm Rocket Yoga	8.15-9.15pm 3d Burn Fitness Course contact Grace						
2015														
2030														
2045				8.45-9.45pm 3d Burn ZUMBA contact Grace										
2100	9-10.30pm Private Dance RKS	9-10pm 3d Burn Fitness Course contact Grace				9-10pm 3d Burn Fitness Course contact Grace		9.15-9.45pm 3d Burn Course					8.00-10.00pm Ballroom Dance Contact Ranil	
2115														
2130														
2145														
2200														