

Class Price List: Jan 2017

Name of Class	Price Band	Online Price Single	Online Price Bundle of Five	Course Price
Pilates Mat Beginner (60mins)	Adult Class (Band 2)	£10.40	£47.00	n/a
Pilates Mat Intermediate (60mins)	Adult Class (Band 2)	£10.40	£47.00	n/a
Dynamic Pilates (60 mins)	Adult Class (Band 2)	£10.40	£47.00	n/a
Pilates Mat Pregnancy (60 mins)	Adult Class (Band 2)	£10.40	£47.00	n/a
Hatha Yoga Beginner (75mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Rocket Yoga (75mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Vinyasa Flow Yoga (75mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Fusion (Yoga+Pilates) (60mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Pregnancy Yoga (75mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Restorative Yoga (90mins)	Adult Class (Band 4)	£14.00	£65.00	n/a
Legs, Bums & Tums (45mins)	Adult Class (Band 1)	£7.90	£37.00	n/a
Dance Fitness/Zumba (45 mins)	Adult Class (Band 1)	£7.90	£37.00	n/a
Short HIIT (30mins)	Adult Class (Band 1)	£7.90	£37.00	n/a
Box Fit (60 mins)	Adult Class (Band 1)	£7.90	£37.00	n/a
Body Conditioning (45mins)	Adult Class (Band 1)	£7.90	£37.00	n/a

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Children's Ballet (45mins)	Enrolment termly	n/a	n/a	£10.85 per class (price varies by term length)
Adult Beginners Ballet (75mins)	Adult Class (Band 3)	£11.50	£52.50	n/a
Adult Streetdance Course (75mins)	Enrolment (5 week sessions)	n/a	n/a	£10 per class (£50 per session)
Kids Streetdance (45mins)	Enrolment termly	n/a	n/a	£7.50 per class (price varies by length of term)

Price List Notes

- Monthly bundles. These classes need to be used within one month:
 - 12 Adult Class (Band 3) £84
 - 8 Adult Class (Band 1) £50
- Classes bought in 5 pack bundles are valid for 3 months and do not need to be used for consecutive classes.
- Classes bought individually are valid for 2 months.
- A bundle of classes can be used for any class within that price band eg an Adult Class (Band 1) bundle can be used to pay for a HIIT class or a Dance Fitness class but not a Pilates Class.